

Broomfield KS4 PSHE/ Citizenship Long Term Plan

Autumn 17	Spring 18	Summer 18
<p>Personal care and hygiene 4.3c Relationships and divorce 4.5d Self-esteem 4.1a Raising money for charity 4.2e</p>	<p>Drugs awareness – 4.3d Working relationships 4.4c Democracy and human rights – 4.1b Decision making – voting 4.2c</p>	<p>Exercise is for life – 4.3f Understanding my bodily needs 4.5a The media -4.2f Change in the community 4.1c</p>
Autumn 18	Spring 19	Summer 19
<p>Leisure and relaxation 4.3b Communicating about feelings and relationships 4.4e Co-operating 4.1e Looking after the environment 4.2d</p>	<p>Healthy Eating – 4.3e Rights in the community 4.1d Accessing the community 4.2a Ethnic diversity- 4.4d</p>	<p>Safe relationships and lifestyle 4.3a Planning the future 4.4b Banks and saving 4.2b Taking responsibility for employment 4.1f</p>

Broomfield South SILC PSHE curriculum is based on four key themes, these include:

- Relationships
- Health and wellbeing
- Living in the wider world
- Confidence and responsibility

