

**Post 16 Community Sport Long Term Planning**

Each term there will be three activities offered, students will be able to choose their sport option.

<b>Year</b>	<b>Autumn Term</b>	<b>Spring Term</b>	<b>Summer Term</b>
<b>2017/18</b>	Gym Adapted bikes 5 a side football Yoga	Gym Adapted bikes Indoor bowls Golf	Caving Sailing Kayaking Orienteering
<b>2018/19</b>	Gym Adapted bikes Tennis Climbing	Gym Adapted bikes Athletics Bootcamp	Caving Sailing Kayaking Orienteering
<b>2019/20</b>	Gym Adapted bikes Basketball Badminton	Gym Adapted bikes Cricket Skate boarding	Caving Sailing Kayaking Orienteering