

**Broomfield KS4 PSHE/ Citizenship Long Term Plan**

Autumn 17	Spring 18	Summer 18
Personal care and hygiene 4.3c Relationships and divorce 4.5d Self-esteem 4.1a Raising money for charity 4.2e	Drugs awareness – 4.3d Working relationships 4.4c Democracy and human rights – 4.1b Decision making – voting 4.2c	Exercise is for life – 4.3f Understanding my bodily needs 4.5a The media -4.2f Change in the community 4.1c
Autumn 18	Spring 19	Summer 19
Leisure and relaxation 4.3b Communicating about feelings and relationships 4.4e Co-operating 4.1e Looking after the environment 4.2d	Healthy Eating – 4.3e Rights in the community 4.1d Accessing the community 4.2a Ethnic diversity- 4.4d	Safe relationships and lifestyle 4.3a Planning the future 4.4b Banks and saving 4.2b Taking responsibility for employment 4.1f

Broomfield South SILC PSHE curriculum is based on four key themes, these include:

- Relationships
- Health and wellbeing
- Living in the wider world
- Confidence and responsibility

