

Broomfield KS3 PSHE/ Citizenship Long Term Plan

Autumn 17	Spring 18	Summer 18
Feelings – 3.1f Bullying QCA Unit 8 My changing body 3.5b Newspapers 3.2f	Leisure awareness 3.3b Risk assessment - 3.1b Community and belonging 3.5d Voting and Elections (Political parties)	Exercise is fun 3.3f Self-evaluation 3.4b Helping others – 3.2d Relationships and making healthy choices QCA unit 11
Autumn 18	Spring 19	Summer 19
Recognising my needs 3.1a Personal Hygiene – 3.3e Improving Communities Changing relationships 3.4a	Peer pressure – 3.4e/ Alcohol and tobacco The Justice System	Parliament and the Monarch UK Making compromises, goodwill and conflict resolution – 3.4f Communities and cultures 3.1d
Autumn 19	Spring 20	Summer 20
Be myself 3.5c Health and exercise – 3.3a Groups I belong to – 3.2c	Use of money/Budgeting Lifestyles – 3.4d Media and advertising 3.1c	Human development 3.5f Sun Safety Money and environment 3.1e

Broomfield South SILC PSHE curriculum is based on four key themes, these include:

- Relationships
- Health and wellbeing
- Living in the wider world
- Confidence and responsibility