

Post 16 Community Sport Long Term Planning

Each term there will be three activities offered, students will be able to choose their sport option.

Year	Autumn Term	Spring Term	Summer Term
2017/18	Gym Adapted bikes 5 a side football Yoga	Gym Adapted bikes Indoor bowls Golf	Caving Sailing Kayaking Orienteering
2018/19	Gym Adapted bikes Tennis Climbing	Gym Adapted bikes Athletics Bootcamp	Caving Sailing Kayaking Orienteering
2019/20	Gym Adapted bikes Basketball Badminton	Gym Adapted bikes Cricket Skate boarding	Caving Sailing Kayaking Orienteering